



2019 SA Sailing Mirror National Championships

Dates: 20th to 22nd December 2019.

Venue: Theewaterskloof Dam, Villiersdorp, Western Cape.

Organising Authority: The International Mirror Class Association of South Africa in conjunction with Theewater Sport Club, under the authority and sanction of South African Sailing.

SAILING INSTRUCTIONS

The notation "[DP]" in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing**.
- 1.2 **The South African Sailing prescriptions for National and Regional Championships** will apply.

2 NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board located inside the TSC Regatta Centre (Afdak) next to the TSC Clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 09h00 on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flag pole at the bridge hut in front of the TSC Clubhouse.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 Dates of racing:
20th December 2019 Warning signal for the first race of the day at 12h55

21st December 2019

Warning signal for the first race of the day at 09h55

22nd December 2019

Warning signal for the first race of the day at 09h55

5.2 A maximum of 12 races are scheduled.

5.3 To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

5.4 On the last scheduled day of racing no warning signal will be made after 15h00.

6 CLASS FLAGS

Mirror Class Flag: Black Mirror Class logo on a red background

7 THE COURSES

7.1 The diagrams in Addendum A and Addendum B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

7.2 No later than the warning signal, the race committee signal boat will indicate the course to be sailed by displaying the course number on a board.

8 MARKS

8.1 Rounding marks will be yellow cylindrical buoys.

8.2 The starting and finishing marks will be the race committee signal boat and round orange buoys.

9 THE START

9.1 The starting line will be between a staff displaying an orange flag on the race committee signal boat at the starboard end and the course side of the port-end starting mark.

9.2 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

10 THE FINISH

The finishing line will be between a staff displaying an orange flag on the race committee signal boat at the starboard end and the course side of the port-end finishing mark.

11 TIME LIMITS

Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

12 PROTESTS AND REQUESTS FOR REDRESS

12.1 Protest forms are available at the TSC Regatta Centre. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

12.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later.

12.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the TSC Training Room, beginning at the time stated.

12.4 Notices of protest by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).

12.5 On the last scheduled day of the racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

13 SCORING

13.1 Four races are required to be completed to constitute a series.

- 13.2 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
(c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

14 SAFETY REGULATIONS

- 14.1 All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. [DP]
14.2 A boat that retires from a race shall notify the race committee as soon as possible. [DP]

15 REPLACEMENT OF CREW OR EQUIPMENT

- 15.1 Substitution of competitors will not be allowed without prior written approval of the race committee. [DP]
15.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made in writing to the Race Committee at the first reasonable opportunity. [DP]

16 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. On the water, a boat can be instructed by the technical committee to proceed immediately after the completion of a race to a designated area for inspection.

17 SUPPORT BOATS

Coach or individual support boats shall be marked with a **Yellow Flag** and shall remain no less than 100m from boats racing. [DP]

18 TRASH DISPOSAL

Boats shall not discard trash in the water. Trash may be placed aboard support and race committee boats, but not while racing.

19 RADIO COMMUNICATION

- 19.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. [DP]

20 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Neither the Organising Authority nor its officials or other persons associated with the organisation of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

21 INSURANCE

Each participating boat shall be insured with valid third party liability insurance with a minimum cover of R2,000,000 per incident or the equivalent.

ADDENDUM (B)

COURSE 2

A Trapezoidal Course with Offset Finish Mark.

Start – 1 - 2 - 3 – 2 – 3 - Finish

All marks to be left to Port except 3a to Starboard

